

# Health Literacy Kit: Home Health Technology Equipment List

## Atmo Tube

Atmotube PLUS is the perfect fit for measuring indoor air pollution but its portability is the key. Use it in multiple locations: at your home, in your workplace, on a car ride or anywhere else you go.

## Tytohome

TytoHome is a lightweight and portable medical exam kit. The TytoCare app gives you an interface between the exam kit and your smartphone or tablet. With these tools, you can collect and send information to a Novant Health professional from your smartphone. Your healthcare provider guides you during the exam.

## WeatherFlow Tempest Weather Station

A complete weather system for your home, offering precise weather management, advanced forecasting at your fingertips, and unlimited weather data. Connect device to Wi-Fi network to operate.

## Germ Guardian

**BREATHE FRESH AND CLEANER AIR** GermGuardian pluggable air sanitizers kill germs and viruses in addition to filtering odors with an optional UV C light to deliver crisp, refreshing air to your home. **POWERFUL AND COMPACT** With a compact plug in design, you can easily get fresher air from any wall outlet in your home or in your office.

## Airthings 2930 Wave Plus

Good, healthy air quality is essential to getting restful sleep at night and being on top of your game during the day. High levels of CO<sub>2</sub> in your air caused by insufficient ventilation weaken your ability to focus, make the best decisions, and perform to your potential. Stay in control of your home's air quality with Airthings Wave Plus, an app-enabled indoor air monitor that measures 6 aspects of air quality including radon, carbon dioxide (CO<sub>2</sub>), and more. It syncs live readings with the Airthings app on your mobile device via Bluetooth.